

GENESEE COUNTY ASSOCIATION OF CLERKS AND TREASURERS MEETING
HELD NOVEMBER 6, 1991, 12:00 P.M., BOSLEY'S RESTAURANT

ATTENDANCE: 34

Mr. Becker said the new Finance Officer for Bishop Airport is Linda Brandt. She took office on November 4th.

Mr. Becker said we should discuss a cost to Bishop Airport for reimbursement for summer taxes.

The meeting was called to order at 12:45 P.M. by Mr. Becker.

Announcements

MTA will be held on November 21st at 7:30 P.M. at Gaines Township Hall.

Mr. Becker said this is the time of year that you have to put your messages on the bottom of the tax statements. If you need more information, contact the County Clerk's Office. Next year is leap year and the correspondence from the Treasurer's Office is the last day to pay the taxes is March 2, 1992.

We have a new Equalization Director and we are trying to get together with the Assessor's for a meeting. We have a great deal of cooperation and communication with the Assessor's.

Treasurer's Ad-Hoc Committee Report:

Doris Carpenter said the committee met on Monday at the County building and met the new Director of Equalization, Lorraine Burgsell. She would like to get together and meet all the treasurer's and assessor's. When we get the millage rate, we can look on the CRT screen and make all the necessary changes for the tax statements.

New Business:

Janet Johnston introduced Linda Brandt, Finance Officer from Bishop Airport.

Mr. Karlstrom, Attorney for Bishop Airport, said he spent time with Mr. Mansour from the Genesee Intermediate School District. The Airport Authority will live with same arrangements the taxing units have with their school districts. If anyone thinks that isn't fair, we will be happy to sit down and discuss other arrangements with you. Arrangements with school districts vary from one municipality to another. Linda will be back to discuss this further at another meeting. An agreement will be mailed to all units of government.

Guest Speaker:

Suzanne Borchers said she is from the McLaren Regional Center Wellness Program. She has a Masters Degree from the University of Wisconsin and has worked eight (8) years with heart patients and worked with people from all other states. The youngest heart patient was 27 years of age.

The risk factors are as follows:

1. Age - 40 years of age and above. It is unusual to have people suffer heart disease under this age.
2. Family history - there is no control. However, you need to be aware of the family history, especially if over 60 years of age.
3. Gender - Men have a higher percentage of people with heart conditions, but women are quickly catching up. You cannot change these factors.

There are several risk changes you have control over:

1. Smoking - It robs the body of oxygen, starving the organs, causes lung cancer and emphysema.
2. Nutrition - You should keep your cholesterol below 200. If it is higher, you need to work at your nutrition. It is very difficult for people to make changes. If red meat is what you like to eat, you shouldn't have it more than three (3) times during a week. Ice cream is okay, but you should limit your intake. Always remember to eat in moderation.

You have good cholesterol if it is HDL and it is only affected by two things:

1. Exercise
2. Medication in very extreme cases.

If your cholesterol is above 150, with would be the LDL and it is bad cholesterol. You do have control over exercise.

There are many things which cause heart disease. Among them is high blood pressure. To control this you can lose weight and exercise. Everyone should be on a routine exercise program at least three (3) days per week, for 15 minutes per day. Because heart is a muscle, it becomes stronger when you exercise and helps decrease blood pressure and the body releases hormones and adrenalines. Exercise allows arteries to open up. You can burn the same amount of calories walking one mile as you can jogging one mile.

Ida Reed asked why the government continues to subsidize the tobacco industry when smoking is hazardous to our health.

Julie Gust asked about second hand smoke and what it does to our lungs.

Suzanne said health risk appraisals are done for companies, and what they tell you is based on your lifestyle and what age you can expect to live to. All of the results are kept confidential.

Mr. Becker thanked Ms. Borchers for attending our meeting and the information she shared with the group.

Mr. Becker declared the meeting adjourned at 1:25 P.M.

Respectfully Submitted,

Cheryl M. Ladd, CMC
Secretary

FINANCIAL STATEMENT:

Beginning Balance	\$13.85
Dues	+23.00
Postage	-14.50
Guest Lunches	-16.50
Ending Balance	\$ 5.85